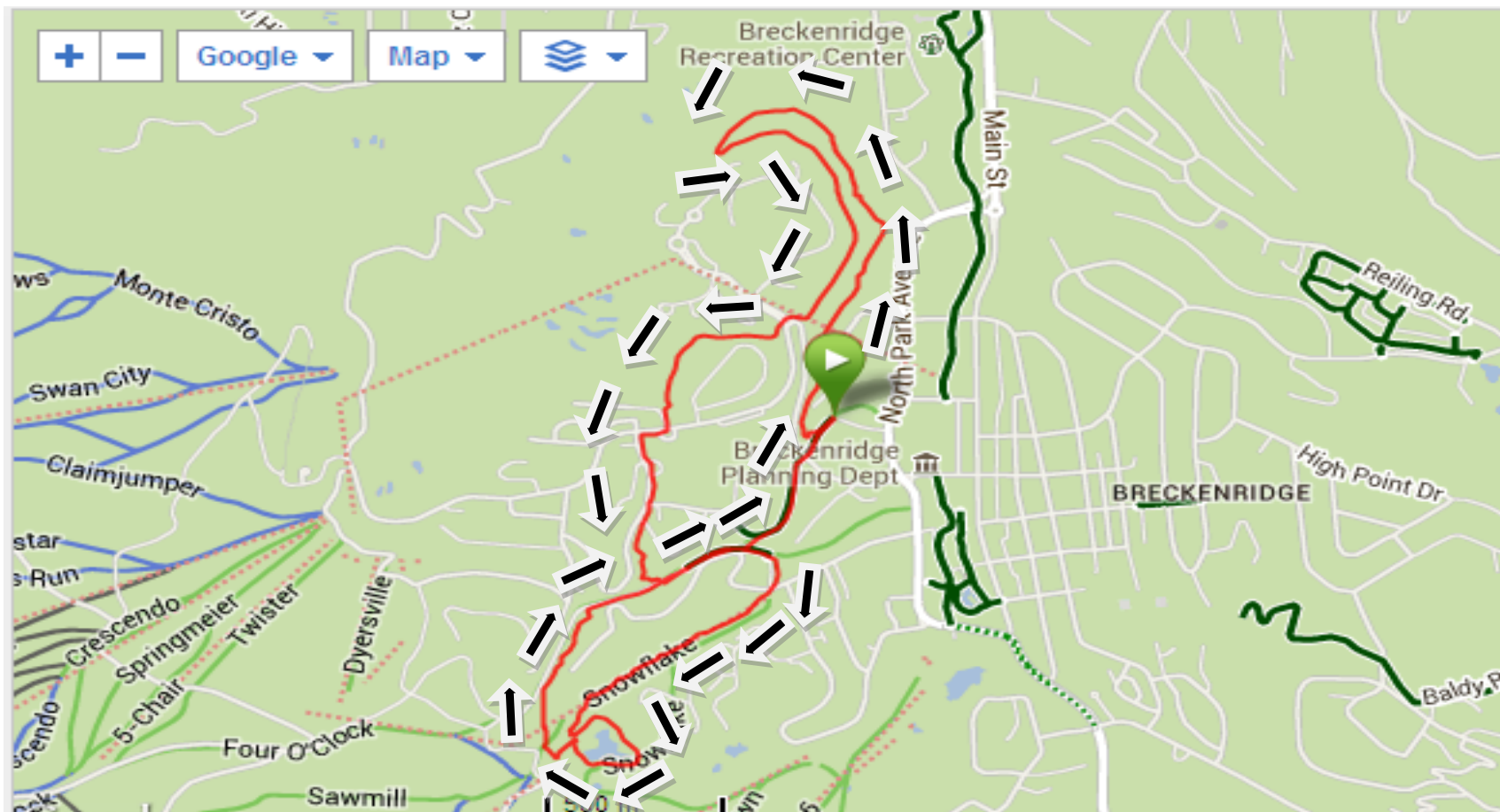


2015 Morning Thunder/BOEC Long Course (7k or 4.7 miles)

Race Route: Start Behind Mountain Thunder Lodge> Straight onto Morning Thunder Trail> Right on the Pence Miller Trail> Stay right to keep on Pence Miller at the fork> Left onto Shock Hill Trail> Turn right to stay on Shock Hill Trail and go over bridge> Stay left at the fork to stay on Shock Hill> Left to run through the Nordic Center parking lot> Cross Ski Hill Road> Straight down Grandview Road> Left to Upper Pine Trail> Left to 4 O'clock Run> Cross 4 O'clock Road> Straight to Sawmill Trail> Left to Reservoir Trail> Go around BOEC lake> Right onto 4 O'clock Trail> Right onto 4 O'clock Run> Left on Skyway Ski Way> Straight to finish behind Mountain Thunder Lodge.



****Race Information: 619 ft. Elevation Gain, Minimum Elevation 9,612 ft. & Maximum Elevation 9,989 ft.****